

Large Baked Potato

All served with homemade coleslaw and salad garnish drizzled with our house balsamic glaze dressing. All £9.50

Hot, Grilled Cheese and Onion **Vegetarian**

House mix red Leicester & Cheddar cheese with sliced spring onion, bound in a rich mayonnaise.

Crayfish Tails in Marie Rose

Tuna Mayonnaise with Coriander

Melted Cheddar Cheese and Beans **Vegetarian**

Chips

Gluten-free



Bowl of Chips – choose skinny or chunky £4.95

Cheesy Chips – choose skinny or chunky £6.45

House Loaded Fries £7.95

Skinny fries and bacon lardons, with melted cheese, chipotle sauce and mayonnaise. Finished with pico de gallo, sour cream and jalapenos.

Deluxe House Loaded Fries

Add Chilli con Carne to our loaded fries for only an extra £3.95

Sides

Savoury Herb Diced Potatoes £4.95

Portion of Champ Mash **Gluten-free** **Vegan** £3.95

Garlic Bread £4.50

Garlic Bread with a Cheese Melt £5.95

Beer Battered Onion Rings £4.95

Homemade Creamy Coleslaw £3.95

ALLERGY AWARE

Please let us know, *before* placing your order, if you have any allergies.

Our staff can always advise if you have any concerns.

Our allergen book is available to view and is held behind the bar.

Why not join us on our regular
Steak Nights?
Ask for details!

Desserts from Upton Pudding Shop

all £8.50

Delicious steamed puddings

Served hot and with a choice of cream, ice-cream or hot custard.

Black & Blue Fresh blueberries swirled in a light sponge with a tangy blackcurrant topping.

Sea Salted Caramel – Pure Indulgence! A delicious old-fashioned sea salted caramel sauce smothering a toffee sponge!

Worcestershire Treacle Steamed sponge with black treacle smothered in Golden Syrup with a little bit of orange zest and fresh orange juice.

Cherry Kirsch Chocolate steamed sponge with cherry and Kirsch liqueur sauce.

Rich Chocolate – A Chocolate-Lovers Delight! Rich dark chocolate tops this chocolate sponge.

Gluten & Wheat Free Steamed Pudding Option Please ask for this week's flavour.

Delicious crumbles

Served hot and with a choice of cream, ice-cream or hot custard.

Oaty Apple Crumble Local Bramley apples with a buttery, oaty crumbly topping.

Berry Fruit Crumble Mixed berries with a buttery, oaty crumbly topping.

Other Desserts

Choc Nut Sundae £7.50

Vanilla ice cream with a variety of sprinkles including nuts, cherry and a wafer filled with cocoa and hazelnut paste.

Warmed, indulgent Rich Chocolate Brownie **Gluten-free** £7.50

With dark and white chocolate chunks, with gluten-free champagne sorbet.

Hot Toasted Waffle £7.50

Sweet toasted waffle, topped with warmed fruit berries, maple syrup and a scoop of Bennetts vanilla ice cream.

Bennetts Ice Cream £6.50

Strawberry Supreme, Double Chocolate Chip, Vanilla with Seeds and Honeycomb and a wafer filled with cocoa and hazelnut paste.

Topping Sauces available: Chocolate, Strawberry, Salted Caramel, Sicilian Lemon, Toffee, Bubble Gum.



Bennetts Ice Cream Flavour of the Week £6.50

Ask for details of this week's special.

Vegan Ice Cream or Sparkling Wine Sorbet **Vegan** £6.50

Ask for today's flavours!



Ye Olde Anchor Inn

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Menu



Ye Olde Anchor Inn

Starters or Small Dishes

Homemade Soup of the Day £6.95

Amazing choice of flavours, all our homemade soups are served with a choice of bread. Ask for the options available today. **Vegetarian** and **Vegan** also available, just ask!

Creamy Garlic Chestnut Mushrooms **Vegetarian** £7.50

In a rich cream sauce, served with toasted bread discs.

Calamari with Triple Citrus Mayonnaise **available as Gluten-free** £7.95

Deep fried with a deliciously seasoned crispy coating.

Crayfish Tail Cocktail £8.45

We use Crayfish tails in our house Marie Rose sauce, served on Cos lettuce with a slice of bread & butter.

House Nachos £7.95

Warmed tortilla chips topped with melted cheese, our own pico de gallo, sour cream and jalapenos.

Fillets of Chicken Breast £7.95

Tender chicken breast fillets in crispy light southern fried coating, with a dipping side of BBQ sauce.

Slow Roasted Chicken Wings £7.95

Wings slow cooked in a Mesquite glaze until they are tasty and tender, and then tossed in the sauce of your choice: *Hot & Kicking Buffalo sauce* or *Smokey Bourbon BBQ Sauce* or *Sweet & Sticky, tossed in honey, soy & sesame oil, sprinkled with sesame seeds*. Or if you prefer: *Dry, plain and simple* with no extra sauce.

Devilled Whitebait £7.55

Crispy whole whitebait tossed in cayenne pepper and rock salt. Ask us to drop the spice if you don't want them too spicy.

Salt & Pepper Squid £7.95

Tender pieces of squid, seasoned in a crispy coating, deep fried and served with garlic mayonnaise.

Freshly prepared Halloumi Fries **Vegetarian** **Gluten-free available** ... £7.95

Halloumi sticks prepared in our kitchen, fried with a seasoned crispy coating and served with a sweet chilli sauce.

Grazing Platters

As a starter to share or as a main

Fish platter £17.95

Devilled whitebait, tender squid pieces, calamari and butterfly prawns. Served with tartare and sweet chilli sauces, salad garnish, bread and butter.

Cheese Ploughmans £17.95

Brie, Cheddar, red Leicester and ham. With coleslaw, pickled onions, gherkins, Branston pickle, salad garnish, with warm ciabatta bread.



Mains

- Classic Homemade Beef Lasagne** £14.95
Homemade with egg pasta lasagne, served with garlic bread, salad garnish and homemade coleslaw.
- Chicken Arrabbiata Penne Pasta** £14.95
Tender pieces of chicken breast in a punchy arrabbiata sauce, with shaved Parmesan and garlic bread.
- Beef Bourguignon** £16.95
Tender pieces of beef in a rich red wine sauce with shallots and mushrooms. Served with champ mash and fine green beans.
- Chilli Con Carne** £14.95
Spicy beef (medium heat) chilli con carne. Our unique blend of rich and meaty ground beef chilli and kidney beans, served with rice and tortilla chips. Topped with sour cream and our house pico de gallo.
- Chicken Caesar Salad** £13.95
Pan fried chicken breast dusted in Cajun seasoning and served on a crisp bed of Cos lettuce with garlic croutons, Parmesan shavings and parsnip crisps.
- Faggots** £16.95
Two large succulent and tender faggots in a rich onion gravy, champ mash, garden peas and carrots.
- Ham, Eggs & Chips** £13.95
Hand sliced honey roast ham, with two fried eggs, chips, salad and homemade coleslaw.
- Sausage & Mash** £14.95
Locally sourced meaty Cumberland sausages (3), with champ mash, garden peas, carrots and a rich gravy. **Gluten-free** sausages available.
- Vegan Sausage & Mash** **Vegan** £14.95
Vegan sausages (4), with champ mash, garden peas, carrots and a rich vegan gravy.
- Fillets of Chicken Breast** £14.95
Tender chicken breast fillets in crispy light southern fried coating, with chips, salad garnish and homemade coleslaw with a side of BBQ sauce.
- Homemade Thai Chicken Curry** £16.95
Tender pieces of chicken breast slow cooked in a Thai curry sauce, served with basmati and wild rice.
- Homemade Thai Vegetable Curry** **Vegetarian** £14.95
A slow cooked Thai vegetable curry, served with basmati and wild rice.
- Cauliflower & Red Pepper Mild Curry** **Vegan** **Gluten-free** £13.95
Vegan and GF served with white long grain rice.
- Wholetail Scampi** £14.95
Large breaded scampi served with chips, garden peas, salad garnish and our homemade house tartare sauce.
- The Anchor Fish 'n' Chips** £15.95
North Atlantic cod dipped to order in our house "cask ale" beer batter. Served with chips and our homemade house tartare sauce. Also available with **Gluten-free** beer batter. Add mushy peas on the side for **£2.50**.
- Belly Pork Confit** £16.95
Slow roasted, tender belly pork served with garden peas, carrots, champ mash and gravy.
- Roasted Vegetable Risotto** **Gluten-free** **Vegetarian** £14.95
A creamy, fresh vegetable, Arborio rice risotto, with shaved Parmesan. Vegan cheese available to replace the Parmesan cheese if required.
- Full Rack of BBQ Ribs** £18.95
Slow cooked pork ribs, finished with a sweet and smoky BBQ sauce, served with skinny fries and a side of coleslaw.
- Slow Roasted Chicken Wings** £18.95
Half a kilo of wings slow cooked in a Mesquite glaze until they are tasty and tender, and then tossed in the sauce of your choice: **Hot & Kicking Buffalo** sauce or **Smokey Bourbon BBQ Sauce** or **Sweet & Sticky, tossed in honey, soy & sesame oil, sprinkled with sesame seeds**. Or if you prefer: **Dry, plain and simple** with no extra sauce. Served with skinny fries and a side of coleslaw

In a Bun

- The Anchor Kahuna Cheese Burger** £13.95
A *6oz beef burger, topped with a melted slice of mature Cheddar cheese. Served in a soft sesame seed bun with mayo, crisp lettuce. and tomato. Topped with onion rings and a choice of skinny fries or diced savoury herb potatoes.
- Make it a Double Kahuna Cheese Burger** £15.95
Two *6oz beef burgers both topped with a slice of mature Cheddar cheese and all the accompaniments as above ***uncooked weight**
Add a slice of thick back bacon to either burger for **£1.50** extra.
- Halloumi Burger** **Vegetarian** £13.95
Two thick slices of halloumi, dusted and cooked in seasoned flour, served in a soft sesame seed bun with crisp lettuce, tomato, sweet chilli mayonnaise, onion rings and a choice of skinny fries or diced savoury herb potatoes.
- Buttermilk Chicken** £13.95
Chicken breast dipped in buttermilk, breaded and crispy fried. Served in a soft sesame seed bun with lettuce, onion rings, mayo and a choice of skinny fries or diced savoury herb potato.
- Posh Fish Fingers** £13.95
Cod fish fingers cooked in fresh beer batter. Served in a soft sesame seed bun with our house tartare sauce, onion rings and a choice of skinny fries or diced savoury herb potato.

Pie Corner - 'Piefection!'



All pies, except the vegan pie, are encased in buttery shortcrust pastry and served with a choice of chips or champ mash, peas, carrots and rich gravy **All £15.95**

- Steak & Ale** Tender pieces of organic, hand-cut, 28-day matured steak, slow cooked with lashings of local craft Porter Ale in a rich gravy.
- Chicken, Ham and Leek** Rich, creamy chicken, ham and leek pie adds buttered leeks to a white wine sauce, with herbs and whole grain mustard.
- Steak and Kidney** Simmered slowly in a rich red wine and dark beef stock gravy, our organic 28-day matured steak and ox kidney pair up for the perfect combination.
- Squash, Spinach and Vegan Feta** **Vegan** **Crowned Britain's Best Vegan Pie at the 2020 British Pie Awards** Selected top quality, locally-sourced ingredients. Plant-based shortening and pastry enriched with soya milk and umami give this vegan pie a greater depth of flavour with a perfected balance of crisp pastry and slight chewiness. Served with chips or champ mash, peas, carrots and vegan gravy.
- Pie of the Week** Ask about this week's special pie. We always have a **Gluten-free** pie with **GF** gravy, available – just ask for this week's flavour.



**Ye Olde Anchor Inn, 5 High Street,
Upton upon Severn, Worcestershire,
WR8 0HQ • 01684 593735**



Sandwiches & Ciabattas

All freshly made to order! Served with homemade coleslaw and salad garnish drizzled with our house balsamic glaze dressing on a choice of doorstep cut harvester and white bread or ciabatta.

- Cheese & Onion** **Vegetarian** £6.95
House mix red Leicester & Cheddar cheese with sliced spring onion, bound in a rich mayonnaise with crisp cos lettuce.
- Brie with Cranberry and Walnuts** **Vegetarian** £6.95
Lightly melted brie with cranberry and walnuts.
- Crayfish Tails in Marie Rose** £7.95
Large crayfish tails in our house Marie Rose sauce, served with fresh lettuce leaves.
- Bacon, Melted Brie and Tomato** £7.95
Freshly grilled, premium, thick back bacon topped with melted Brie and sliced tomato.
- Grilled Cumberland Sausages** £7.95
Three premium meaty Cumberland sausages squeezed into your choice of bread served with caramelised onion. **Vegan** sausages available.
- The Anchor's Classic BLT** £7.95
Freshly grilled, premium, thick back bacon lettuce and tomato with creamy Hellman's mayonnaise.
- Tuna Mayonnaise** £7.50
Dolphin friendly tuna folded in creamy Hellman's mayonnaise, with fresh coriander on crisp cos lettuce.
- House Club Sandwich** £12.95
Bacon, brie, ham, mayonnaise, tomato, gherkin, lettuce all squeezed in between three slices of bread, served with all the usual plus some skinny fries.

Served in a Ciabatta only

- Warm Beef with Mushroom & Onion** £9.95
Sliced roast beef with caramelised onion and mushrooms, gently warmed through in a rich beef gravy.
- Hot Chicken Breast** £9.95
Chicken breast, dusted in seasoned flour and panfried, served with Hellman's mayo and crisp cos lettuce.

*Join us every Sunday
for a Classic Sunday Roast*

**with a choice of three Roast Meats
Every Sunday 12 – 4 pm**

**1 Main Course – £15.50 / 2 Courses – £19.50
3 Courses – £23.50**

... or order from our regular full menu.

Did you know?...

*Our kitchen is open, serving food every
Sunday evening from 6 – 8 pm*