

Sunday Lunch Venu



Ye Olde Anchor Inn

 $\overline{3}$ Courses – £2 $\overline{3.50}$

Main Course

Ye Olde Anchor Traditional Sunday Roast

A choice of Roast Topside of Beef or Roast Leg of English Lamb or Roasted Chicken Breast

Served with Homemade Yorkshire puddings, four fresh vegetable, roast & new potatoes, roast parsnips, stuffing ball and a delightfully rich gravy

Starters

- Homemade Soup of the Day Amazing choice of flavours, all our homemade soups are served with a choice of bread. Ask for the options available today. Vegetarian and Vegan also available, just ask!
- Creamy Garlic Chestnut Mushrooms Vegetarian In a rich cream sauce, served with toasted bread discs.
- Calamari with Lemon Mayo available as Gluten-free Deep fried with a deliciously seasoned crispy coating.
- **Crayfish Tail Cocktail** We use Crayfish tails in our house Marie Rose sauce, served on Cos lettuce with a slice of bread & butter.
- Terrine of Ham Hock A delightful coarse ham hock terrine, served with red onion chutney and doorstep toast.
- Fillets of Chicken Breast Tender chicken breast fillets in crispy light southern fried coating, with a dipping side of BBQ sauce.
- **Slow Roasted Chicken Wings** Wings slow cooked in a Mesquite glaze until they are tasty and tender, and then tossed in the sauce of your choice: Hot & Kicking Buffalo sauce or Smokey Bourbon BBQ Sauce. Or if you prefer: Dry, plain and simple with no extra sauce.
- **Devilled Whitebait** Crispy whole whitebait tossed in cayenne pepper and rock salt. Ask us to drop the spice if you don't want them too spicy.
- **Salt & Pepper Squid** Tender pieces of squid, seasoned in a crispy coating, deep fried and served with garlic mayonnaise.
- Freshly prepared Halloumi Fries Vegetarian Gluten-free available Halloumi sticks prepared in our kitchen, crispy fried and served with a sweet chilli sauce.

See over page for Desserts >



Desserts from Upton Pudding Shop

Delicious steamed puddings

Served hot and with a choice of cream, ice-cream or hot custard.

Black & Blue Fresh Blueberries swirled in a light sponge with a tangy blackcurrant topping.

Sea Salted Caramel – *Pure Indulgence!* A delicious old-fashioned Sea Salted Caramel Sauce smothering a Toffee Sponge!

Worcestershire Treacle Steamed Sponge with black treacle smothered in Golden Syrup With a little bit of orange zest and fresh orange juice.

Cherry Kirsch Chocolate steamed sponge with Cherry and Kirsch liqueur sauce.

Rich Chocolate – *A Chocolate-Lovers Delight!* Rich dark chocolate tops this chocolate sponge.

Gluten & Wheat Free Steamed Pudding Option Please ask for this week's flavour.

Delicious crumbles

Served hot and with a choice of cream, ice-cream or hot custard.

Oaty Apple Crumble Local Bramley apples with a buttery, oaty crumbly topping.

Berry Fruit Crumble Mixed berries with a buttery, oaty crumbly topping.

Other Desserts

Choc Nut Sundae Vanilla ice cream with a variety of sprinkles including nuts, cherry and a wafer filled with cocoa and hazelnut paste.

Warmed, indulgent Rich Chocolate Brownie *Gluten-free* With dark and white chocolate chunks, with gluten-free champagne sorbet.

Hot Brioche Toasted Waffle Sweet toasted waffle, topped with warmed fruit berries, maple syrup and a scoop of Bennetts vanilla ice cream.

Bennetts Ice Cream Strawberry Supreme, Double Chocolate Chip, Vanilla with Seeds and Honeycomb and a wafer filled with cocoa and hazelnut paste. *Topping Sauces available:* Chocolate, Strawberry, Salted Caramel, Sicilian Lemon, Toffee, Bubble Gum.

Bennetts Ice Cream Flavour of the Week Ask for details of this week's special.

Vegan Ice Cream or Sparkling Wine Sorbet *Vegan* Ask for today's flavours!















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